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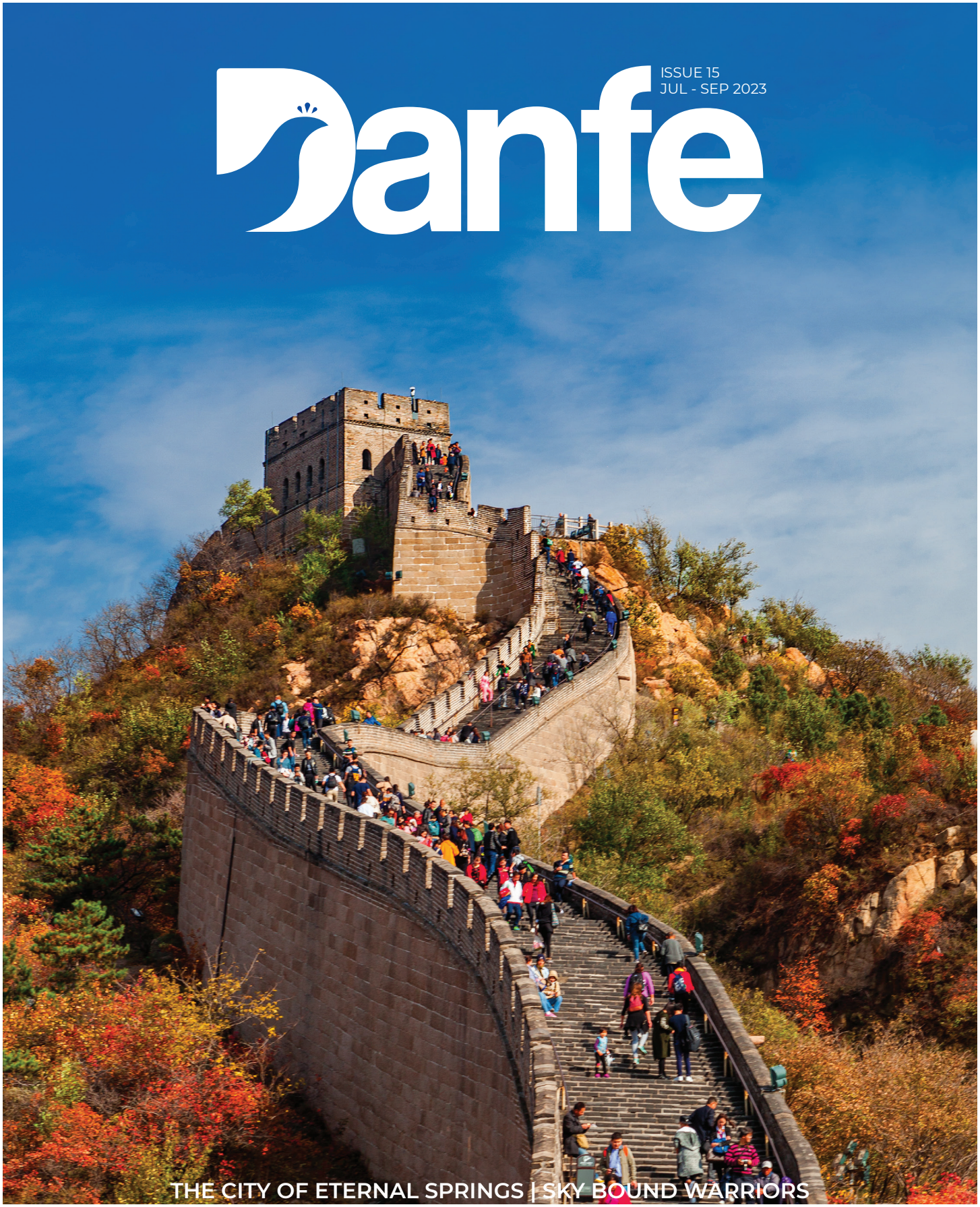
ISSUE 15
JUL - SEP 2023



THE CITY OF ETERNAL SPRINGS | SKY BOUND WARRIORS

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PRESIDENT'S LETTER



Namaste Atithi!

Welcome aboard.

As the President of this esteemed airline, it is my great pleasure to address you through the pages of our in-flight magazine as we embark on another exciting season of travel with Himalaya Airlines.

First and foremost, I would like to extend my heartfelt gratitude to you for choosing Himalaya Airlines as your preferred travel partner. We understand that you have numerous options when it comes to air travel, and your decision to fly with us is a testament to the trust you place in our services. We strive to live up to your expectations and provide you with an exceptional flying experience every time you choose to soar with us while our relentless commitment to connecting you with new and exciting destinations is an ongoing endeavor.

In this issue of our in-flight magazine, we bring you a captivating collection of articles, features, and insights that celebrate the spirit of exploration and the beauty of the destinations we serve. We aim to inspire you with stories of adventure, culture, and discovery, showcasing the rich heritage and natural wonders of the Himalayan region and beyond. Whether you are a seasoned traveler or venturing into the world of aviation for the first time, we hope our magazine sparks your curiosity and ignites your wanderlust.

On behalf of the entire Himalaya Airlines family, I extend my warmest wishes for a pleasant journey with us. May your travels be filled with wonder, new experiences, and cherished memories.

Thank you once again for choosing Himalaya Airlines as your trusted travel companion.



ZHOU ENYONG

PRESIDENT

Danfe

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If you plan to visit Kunming any time soon, then we have got your back! Here we have a 7 days ready-made itinerary for your Kunming visit. So, fasten your seatbelts and get ready to experience the charm of Kunming, the "City of Eternal Spring"!

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THE UNTOLD HEROES OF THE SKIES

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MALAYSIA UNVEILED

DISCOVERING THE UNEXPECTED GEM

Out of all the places we explored, Genting Highlands was the absolute highlight. It exceeded our expectations in every way. It felt like its own little city with its Indoor and Outdoor Theme Parks, especially Genting Sky World.

CALENDAR



Guru Purnima

July 03, 2023

Guru Purnima is a special day to honor and express gratitude to our teachers and gurus. In various cultures, this day is dedicated to acknowledging the wisdom and guidance imparted by educators. People also take this moment as an occasion to thank those who have inspired them and shaped their journey.



International Youth Day

August 12, 2023

International Youth Day celebrates the power, energy, and potential of young people around the world. This day recognizes their role in shaping our societies and encourages initiatives that promote youth empowerment and engagement.



World Tiger Day

July 29, 2023

Every year on July 29th, people around the world come together to raise awareness about tiger conservation and the importance of protecting these magnificent creatures. World Tiger Day aims to promote tiger conservation efforts, highlight the challenges they face, and celebrate the beauty and significance of these striped wonders.



Gai Jatra

August 31, 2023

Gai jatra is a vibrant and quirky festival celebrated in Nepal, particularly in the Kathmandu Valley. People come together to remember and honor loved ones who have passed away during the previous year. This festival is filled with processions, music, dancing, and colorful costumes, creating a lively and joyous atmosphere.



World Tourism Day

September 27, 2023

On September 27th each year, people from all over the globe to commemorate World Tourism Day. It promotes the positive impact of tourism on both cultural and economic aspects. People join fellow adventurers worldwide in discovering new destinations, experiencing diverse cultures, and creating unforgettable memories.



Indra Jatra

September 28, 2023

Indra Jatra is a fascinating festival celebrated in Nepal, especially in Kathmandu. The festival is dedicated to Lord Indra, the Hindu god of rain and king of heaven. With traditional dances, processions, and masked performances, Indra Jatra is a cultural extravaganza that showcases Nepal's rich heritage.

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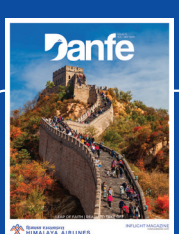

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You can now reach out to SHARE WITH US your flight experience by sending us an email at h9service@himalaya-airlines.com

Himalaya brings in the first batch of tourists from China



Himalaya Airlines successfully operated charter flights from Kunming, People's Republic of China to Kathmandu, Nepal, marking a major milestone in the recovery of the tourism industry after the pandemic. The first flight H9 785 Airbus A320-214, landed on April 13, 2023, carrying 180 Chinese tourists and around 1000 passengers in the month of April and May 2023.

This strategic move by Himalaya Airlines was specifically aimed at reviving the connectivity between Nepal and China, to revitalize the inflow of Chinese tourists which was significantly affected by the COVID-19 pandemic and subsequent restrictions.

Prior to the pandemic, Chinese visitors topped as the second largest tourist generating market for Nepal. This significant step has thus opened up doors for Chinese as well as international tourists, giving a momentum to the promotion of tourism in Nepal.





Himalaya Airlines supports Prayas Nepal children's start-up under CSR Banner

Himalaya Airlines continued its commitment towards Corporate Social Responsibility through its "Step Towards Education" initiative with Prayas Nepal for the seventh consecutive year of support. As a part of the initiative, the airline handed over the annual supply of educational materials such as notebooks, registers, and academic course books of various grades to the children for their academic session of 2080 during a program held at Prayas Nepal on May 11, 2023.

Applauding the children's urge to follow the path of independency, this year the airlines organized a special knowledge sharing session for the children's start–up initiative of a restaurant - 'Love Appetite' (startup restaurant) to hone their cooking & entrepreneurial skills.

During the brief session organized by the airlines, Mr. Aakash Lama, Instructor from Nepal Academy of Travel and Hotel Management (NATHM) voluntarily guided the children and the team of Love Appetite, focusing on kitchen safety, hygiene, menu planning (costing, pricing strategy), recipe sharing of dishes and kitchen etiquettes etc. The airlines brand team also enlightened on various marketing and branding techniques from the promotion and publicity perspective and provided them with a specially designed menu potentially helping the start-up to grow in a more efficient and professional manner.

Expressing the airlines' pride in supporting such a noble cause Ms. Ujjwala Dali, Head of Department – Brand shared, " In our seven years' of association with Prayas Nepal, we are really happy to see the children pursuing their dreams through our 'Step Towards Education' initiative and are grappling to stand on their own feet to become independent in life. Through this restaurant start-up, the children have best displayed their learnings and ability to walk ahead with dignity in life. Himalaya Airlines is pleased to see their achievements and extends best wishes for many more in every child's dream! As always, Himalaya will extend the best possible support to fulfill our core objective of Societal Responsibility."

Ms. Mani Joshi, President of Prayas Nepal, expressed deep appreciation for Himalaya Airlines' continued support and said that it has not only boosted the children's academic performance but has also helped them to develop a love for learning. She further added "We are fortunate to have an airline like Himalaya who values education and is dedicated to make a positive impact in their communities. We are grateful with your additional support this year, to train our youth for enhancing their skills to run the restaurant smoothly."

Prayas Nepal was established in 2003 with a fore thought to empower the underprivileged children through education, awareness and skillful training. The organization is running a children's home for orphan, abandoned and physically challenged children from different parts of Nepal for last two decades.



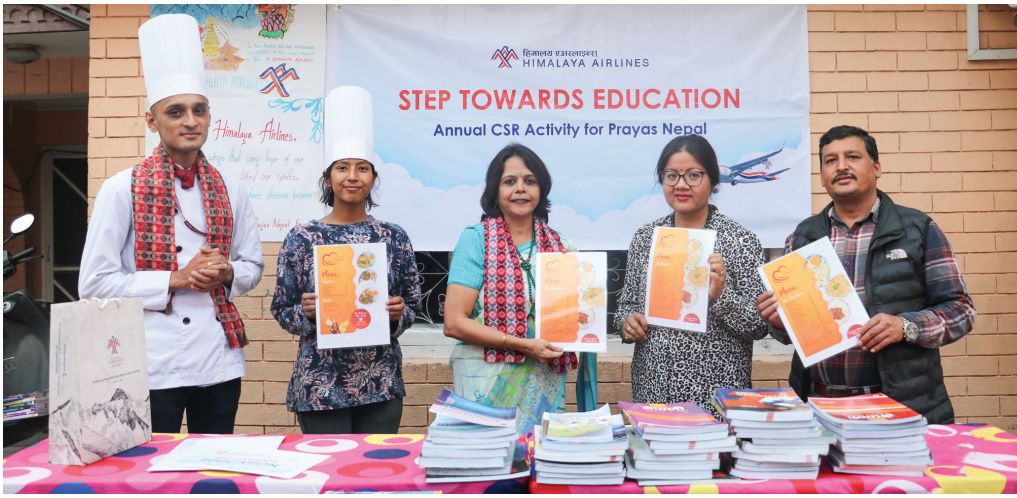



#H9


#H9



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HIMALAYA AIRLINES
STEP TOWARDS EDUCATION
Annual CSR Activity for Prayas Nepal





Himalaya Airlines presents 100 Days Countdown of Hangzhou Asian Games 2022!

In line with its core CSR objective of Societal responsibility, to promote and support the development of sports in Nepal, Himalaya Airlines stepped forward to join hands with Nepal Olympic Committee as a Title Sponsor to present "100 Days Countdown of Hangzhou Asian Games 2022 "on June 16, 2023. The event with an aim to promote and spread the message of the Hangzhou Asian Games 2022, was organized at International Swimming Complex, Lalitpur, Nepal in the presence of Mr. Dig Bahadur Limbu, Hon. Minister for Ministry of Youth and Sports of Nepal along with high-ranking officials of Nepal Olympic Committee as well as National Sports Council.



The 2022 Asian Games, officially known as the 19th Asian Games will be a multi-sport event held in Hangzhou, Zhejiang, China from September 23 to October 08, 2023. Asian Games is one of the largest continental sports events after the Olympic Games, also known as Asiad. Hangzhou will be the third Chinese city to host the Asian Games, after Beijing in 1990 and Guangzhou in 2010. Nepal shall be competing in 23 sports at the 19th Asian Games in Hangzhou 2022 such as Taekwondo, Karate, Boxing, Athletics, Cycling, Women's Football, Golf, Wrestling, Weightlifting, Judo, Swimming, Triathlon, Wushu, Archery, Basketball, Women's Kabaddi, Fencing, Women's Handball, Women's Volleyball, Men's Cricket, Shooting, Badminton and Table Tennis. Himalaya family extends best wishes to all the participants representing Nepal for the event.

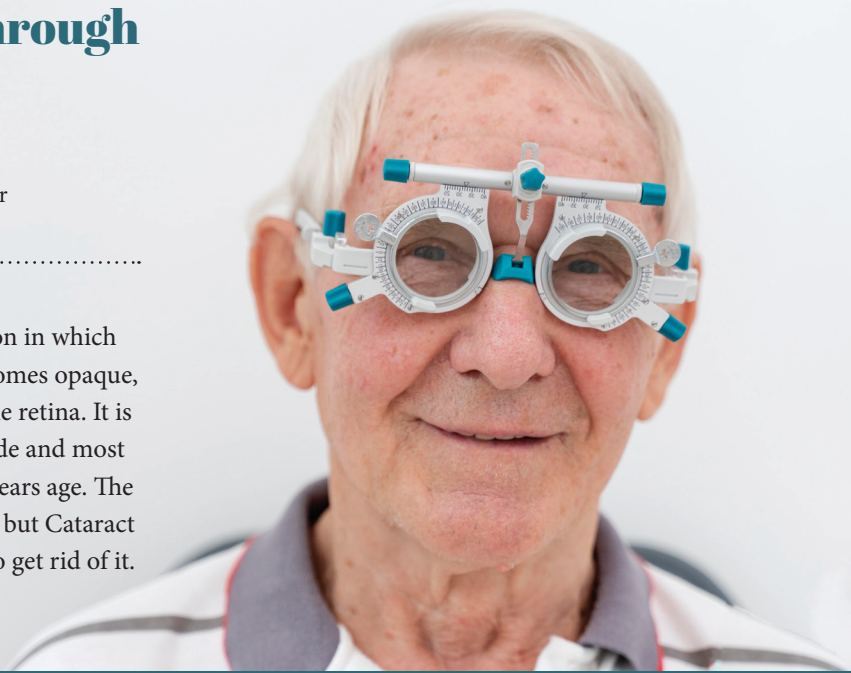






Improving Vision Through Cataract Surgery

Dr. Sanyam Bajimaya, MBBS, MD, FVRS
Cataract & Retina Surgeon, Managing Director
Netradham Eye Care Center Pvt. Ltd.



A cataract is a slowly progressing condition in which the normally clear lens inside the eye becomes opaque, obstructing the transmission of light to the retina. It is a major contributor to blindness worldwide and most frequently affects elderly people after 65 years age. The initial treatment option is to wear glasses, but Cataract Surgery is the only alternative approach to get rid of it.

What symptoms will you face if you have cataract?

- Blurring of Vision
- Colored halos around the light
- Increased frequency of change in refractive glasses
- Diplopia
- Sensitivity to glare
- Disturbance in color vision; faded objects.



Zeiss CT-Lucia IOL



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Cataract may appear at childhood or due to eye trauma or sometimes after steroid therapy in the form of tablets or topical eyedrop. Delaying the procedure generally won't affect how well your vision recovers, but elderly patients with both eyes cataract may have difficulty in walking independently and sometimes suffer accidental fall injuries, hand or hip fractures and even changes on psychosocial behavioral.

The natural opacified lens of the eye is removed during cataract surgery and is replaced with an artificial lens. Nowadays, cataract surgery is done by using high frequency ultrasonic energy using Phacoemusification machine. Benefits after cataract surgery include bright and clear vision, enhanced color perception, increased contrast sensitivity, and a reduction in refractive error.

Most of the eye surgeons implant artificial foldable Intra-ocular lens (IOL) in all cases with a significantly smaller incision with bloodless surgery (1.8 and 2.2 mm). Since 1995, Fred Hollow Intraocular Lens Laboratory, as a part of the Tilganga Institute of Ophthalmology, has been manufacturing high quality IOL that are not only sold in Nepal but exported to more than 50 countries in the world.

Nowadays, we are implanting newer generation premium lenses in Netradham Eye Care Center. This includes Pre-loaded Germany Zeiss CT Lucia and American Alcon Tri-focal (PanOptix Lens), Toric lenses and latest presbyopia correction Extended Depth of Vision Intra-ocular lenses (VIVITY Lens). We are operating cataract surgery under topical anesthesia for last 8-9 years with high technology machine (No injection and No bandage).

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meesaa

The Whimsical Wonderland of Fashion Jewelry in Nepal

In the bustling heart of Kathmandu, a vibrant and lively city that pulsates with energy and boasts a rich tapestry of cultural heritage, a fashion jewelry store has taken the scene by storm. Meesaa, a homegrown Nepalese brand, has emerged as a true pioneer, completely revolutionizing the way people perceive and acquire fashion jewelry.

So, what sets Meesaa apart from the rest?

Undoubtedly, it is their unwavering commitment to quality, affordability, and exceptional customer service. Meesaa is not just another store; it has the potential to become a lifestyle choice for the modern Nepalese consumer, a destination where fashion-forward individuals can express themselves with flair.

The captivating story of Meesaa traces its roots back to a passionate couple who firmly believed in the transformative power of style and self-expression. Their vision and unwavering dedication have propelled Meesaa from modest beginnings as a small startup to a beloved brand with a continuously expanding





loyal customer base. In a crowded fashion jewelry market, Meesaa has managed to carve out a unique niche through its innovative and fresh approach to business.

One of the standout features that differentiates Meesaa is its groundbreaking home try-on service. Recognizing that choosing the perfect piece of jewelry can be an emotional journey, Meesaa has ingeniously brought the experience directly to their customers' homes. This considerate service allows individuals to try on various pieces in the comfort of their personal space, ensuring that they find the one that truly resonates with their style and preferences.





Gone are the days of doubting your purchase; Meesaa guarantees customers' complete satisfaction with chosen adornment.

But Meesaa's commitment to exceeding expectations doesn't stop there. The brand has also made significant investments in establishing a strong online presence. Their website serves as a digital treasure trove, enticing visitors with a plethora of exquisite designs to explore and purchase at their convenience. Meesaa understands the importance of meeting the ever-evolving needs of the modern shopper and strives to deliver an exceptional experience regardless of whether their customers visit their physical store or engage with their online platform.

The moment you step into Meesaa, you are transported into a world where every piece of jewelry carries a unique story. The designs seamlessly blend inspiration from Nepal's illustrious cultural heritage with contemporary aesthetics, resulting in an enchanting collection that appeals to the discerning modern consumer. From meticulously crafted necklaces that exude elegance to statement-making earrings that effortlessly command attention, Meesaa's creations demonstrate their unwavering consideration to detail and craftsmanship.

Nevertheless, Meesaa's triumph is not solely defined by their exceptional products. Their core values of compassion, responsibility, respect, creativity, and teamwork permeate every aspect of their business operations. Interactions with customers are characterized by warmth and genuine care, creating an inviting atmosphere where shoppers feel valued and understood. Compassion lies at the heart of every customer interaction, with their knowledgeable staff providing personalized guidance and care to ensure that each customer finds the perfect piece that resonates with their unique style and personality.

Furthermore, Meesaa's dedication to supporting and empowering their employees fosters a positive work environment that effortlessly translates into exceptional service. Teamwork forms the foundation of Meesaa's success. The brand recognizes the importance of collaboration and synergy, bringing together a passionate team that shares

a common vision. This spirit of unity and cooperation enables Meesaa to consistently deliver exceptional customer experiences and maintain the highest standards of quality.

Meesaa's journey has thus been one of remarkable growth and success, fueled by the stanch commitment to customers and passion for creating exceptional jewelry. Meesaa's remarkable journey from a humble startup to a cherished brand in Kathmandu and other places showcases the strength of its vision and profound comprehension of it's customers' aspirations.

Meesaa is more than just a jewelry store; it offers an experience that transcends the mere act of purchasing jewelry. It's an invitation to embrace your individuality, celebrate cultural heritage, and express yourself with confidence. If you're ready to embark on a journey of style, culture, and self-discovery, let meesaa's jewelry weave its magic around you.

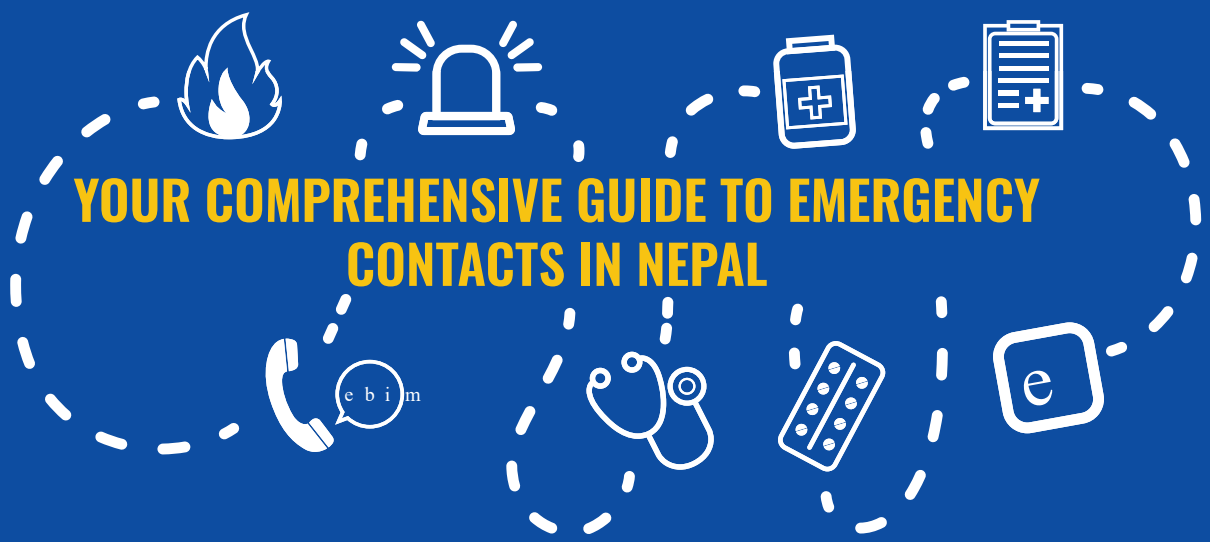
So, whether you are a passionate fashion enthusiast yearning to add a touch of elegance to your collection or a curious visitor seeking an extraordinary keepsake from Nepal, Meesaa is unquestionably the destination for you. Step into the store, explore its captivating online platform, or simply engage with the passionate team, and discover the hidden gem that awaits you in the bustling heart of Kathmandu, ready to adorn you with stories of heritage and grace.







SAFETY FIRST



YOUR COMPREHENSIVE GUIDE TO EMERGENCY CONTACTS IN NEPAL

Welcome aboard! We are pleased to present you with essential emergency numbers in Nepal, ensuring your safety and peace of mind during your visit to this beautiful country. Whether you are a resident or a traveler, it is crucial to be aware of the appropriate contacts in case of emergencies. We have compiled a comprehensive list of emergency numbers in Nepal, covering a range of situations you may encounter.

Ambulance Services:

Emergency Ambulance: 102
Metropolitan City Ambulance Service, Kathmandu: 118
Nepal Red Cross Society: 014412240/014412242

Fire and Rescue Services:

Emergency Fire Service: 101
Nepal Army Fire Brigade: 113
Lalitpur Metropolitan City Fire Brigade: 014250028

Police Services:

Emergency Police Assistance: 100
Metropolitan Police Range, Kathmandu: 014227051
Tourist Police: 014224268

Tourist Helpline:

Tourist Service Center: 014247041

Emergency Contact for Mountaineering:

Mountaineering Section, Ministry of Tourism: 014414321

Important Notes:

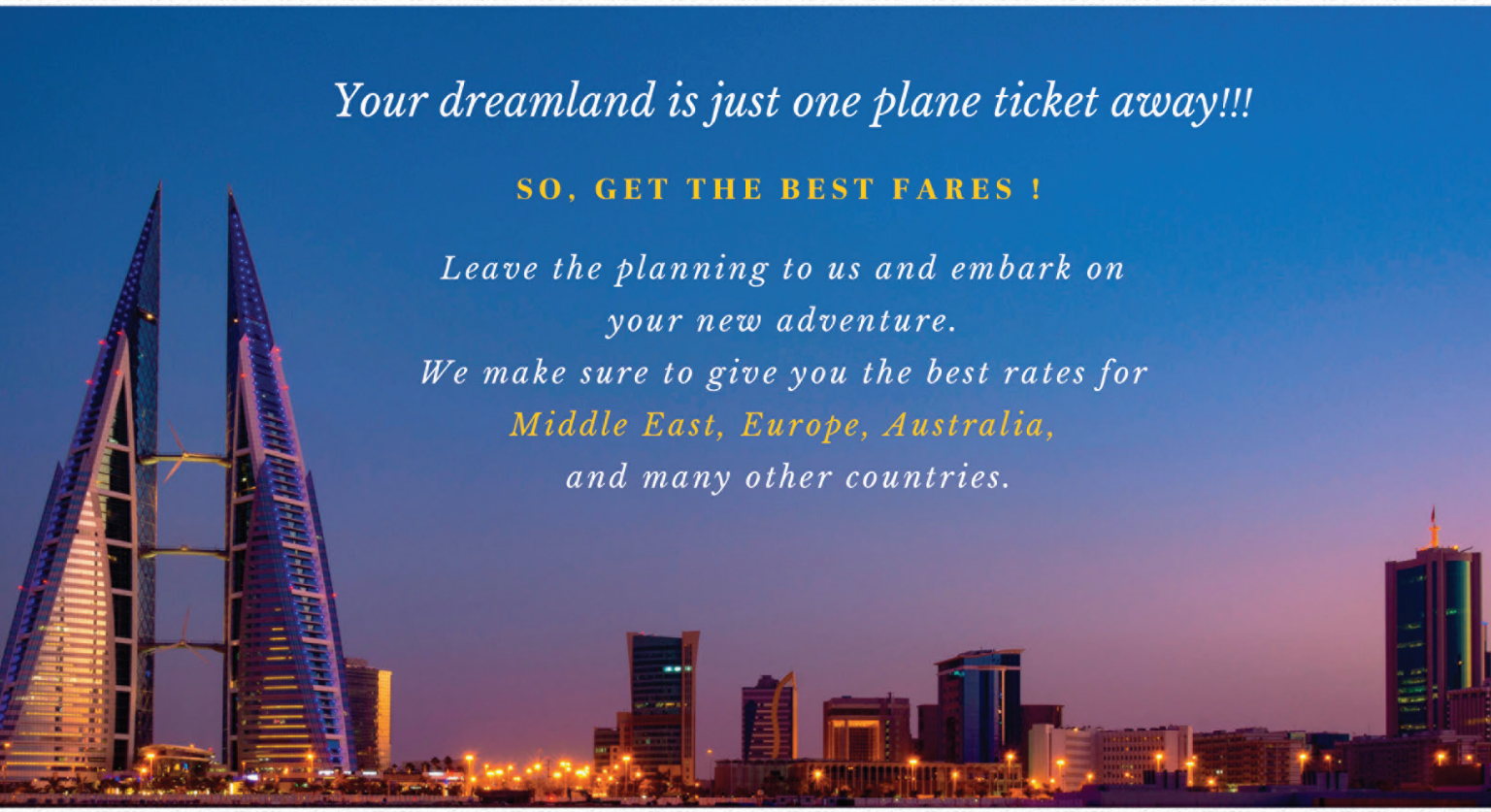
In case of language barriers, it is advisable to seek assistance from your hotel staff or tour guides who can help communicate effectively with local authorities.Ensure you provide clear and concise information when reporting an emergency to expedite the response process.

It is highly recommended to keep a backup copy of important documents such as passports, visas, and travel insurance details in case of loss or theft.

Nepal is a breathtaking destination known for its natural beauty, cultural heritage, and warm hospitality. While we hope you have a pleasant and incident-free journey, being prepared with emergency contacts is essential for any unforeseen circumstances. Remember, staying informed and taking appropriate measures can help ensure your safety and well-being throughout your time in Nepal.

We wish you a fantastic stay and a memorable experience in the Land of the Himalayas!

Prayas Travel & Tours



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From Spines to Smiles

AN INFORMATIVE CHAT ABOUT SCOLIOSIS

- Prof. Dr Gaurav Dhakal

June is dedicated to raising awareness about scoliosis, a spinal condition that affects many individuals. To gain insights into this issue, we had the opportunity to speak with Prof. Dr. Gaurav Raj Dhakal, the Scientific Chair of the Association of Spine Surgeons of Nepal and a Spine Surgeon at Om Hospital and Research Center following which we present to you some pertinent facts and information about scoliosis

WHAT EXACTLY IS SCOLIOSIS?

Scoliosis is when the spine abnormally bends or curves sideways, resulting in a deformity of the spinal column.

HOW PREVALENT IS THIS CONDITION AND WHAT CAUSES IT?

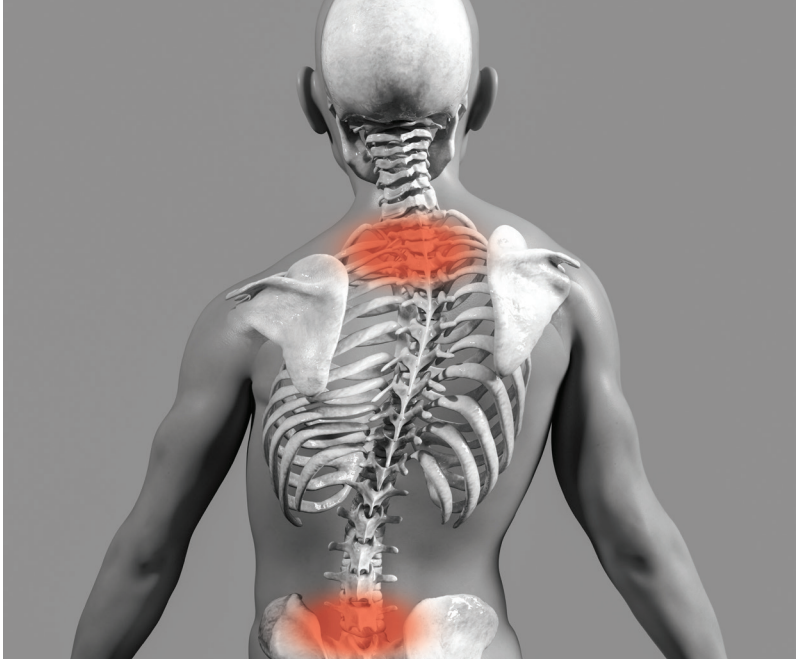
Scoliosis is a common condition that primarily affects children and teenagers. It typically emerges during the teenage years, around puberty or the onset of menses. While both boys and girls can develop scoliosis, girls tend to experience more pronounced and severe curvature. Scoliosis can have various causes, including congenital factors (occurring in newborns), neuromuscular conditions, syndromes, and the most prevalent form known as idiopathic scoliosis.

COULD YOU EXPLAIN WHAT IDIOPATHIC SCOLIOSIS MEANS?

Certainly, idiopathic scoliosis refers to cases where no specific cause can be identified. It is the most common type of scoliosis and can be observed in infants (up to 3 years old), juveniles (above 3 years up to 10 years), and adolescents (above 10 years).

HOW IS SCOLIOSIS DIAGNOSED?

In individuals with scoliosis, the spine or back is visibly



curved or bent sideways, forming either a C-shaped curve or S-shaped curve. This curvature becomes more evident when the patient bends forward, providing a distinct visual indication.

WHY IS EARLY DIAGNOSIS OF SCOLIOSIS IMPORTANT?

Early detection of scoliosis, especially when the curve is small, allows for non-surgical interventions such as the use of braces or casts. If left untreated or neglected, the curve can worsen and become rigid, necessitating complex surgical procedures to correct the deformity. Moreover, severe and rigid curves can hinder the development of the chest wall and lungs, leading to breathing difficulties and lung problems.

IS SURGERY THE ONLY TREATMENT OPTION FOR SCOLIOSIS?

No, the course of treatment depends on the degree of curvature and the remaining growth of the child. Curves measuring less than 20 degrees can be closely monitored, while braces are typically prescribed for curves ranging between 25 and 45 degrees. Curves exceeding 45 degrees often require surgical intervention.

ANY IMPORTANT MESSAGE FOR OUR READERS?

Since scoliosis typically develops during childhood, it is crucial for parents to be aware of this condition. Parents should make it a habit to observe their child's back at least once a year, looking for any signs of abnormal curvature or sideways bending of the spine, uneven shoulders, uneven waistline, or one hip appearing higher than the other. It is also important for school and sports teachers to be knowledgeable about scoliosis. If scoliosis is suspected, seeking a consultation with a spine specialist is advisable.

हातको महिमा

-आलोक खतिवडा

यही हस्तरेखामा,
यही आयु खोज्छ।
यही अन्त्य खोज्छ॥

यही हात कलम खोज्छ।
यही हात बन्दुक रोज्छ॥

यही हात सङ्गीत भर्छ।
यही हात पुजा गर्छ।

यही हात बारुद भर्छ॥
यही हात अपराध गर्छ।

कहिले कसैलाई बचाउँछ ,
कहिले कसैलाई फसाउँछ।

तर, खुट्टा गधा बनेर हातलाई,
गन्तव्यसम्म पुऱ्याइदिने।

खुट्टाले खाने ठेसहरूको,
पीडा हातलाई कसले बुझाइदिने ?



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THE CITY OF ETERNAL SPRING

Kunming

Dear traveler, get ready for an exciting journey to Kunming, the "City of Eternal Spring"! Buckle up and prepare to be amazed as we take you on a tour of this vibrant and colorful city nestled in the heart of Yunnan province, China.

First things first, let's talk about the weather. Kunming is famous for its year-round mild climate, earning it the nickname "City of Eternal Spring." So, forget about packing those heavy coats and scarves, because Kunming is all about t-shirts and shorts! With an average temperature of around 15-25 degrees Celsius, you can enjoy outdoor activities without breaking a sweat.

Now, let's dive into the cultural delights that await you in Kunming. The city is a melting pot of different ethnicities, with a rich history and diverse heritage. One of the must-visit places is the Golden Temple, a stunning Taoist temple that dates back to the Ming Dynasty. As you wander through its beautifully landscaped gardens and intricate architecture, you'll feel a sense of tranquility wash over you.

If you're a food lover, then Kunming is a paradise for your taste buds. Yunnan cuisine is known for its bold flavors and unique ingredients. Don't miss the chance to try the famous "Crossing the Bridge" noodles, a traditional local dish that comes with a sizzling hot broth and a variety of fresh ingredients. And for the adventurous eaters, there's the option to try some exotic delicacies like fried insects or "stinky tofu." Trust me, it's an experience you won't forget!

Nature enthusiasts will be thrilled to explore the breathtaking landscapes surrounding Kunming. Just a short drive away from the city, you'll find the stunning Stone Forest, a UNESCO World Heritage site. This otherworldly limestone formation resembles a forest of towering stone pillars, creating a surreal and awe-inspiring sight. Hiking, rock climbing, and photography opportunities abound, making it a must-visit destination for nature lovers.

For a more laid-back experience, take a leisurely stroll around the Green Lake Park, located in the heart of the city. With its picturesque scenery, charming pavilions, and vibrant atmosphere, it's the perfect spot to relax and soak in the local culture. Don't be surprised if you stumble upon locals practicing tai chi or dancing to traditional music.

And let's not forget the shopping enthusiasts! Kunming boasts a wide array of markets and shopping districts where you can find everything from local handicrafts to modern fashion. The Bird and Flower Market is a must-visit, offering a colorful display of flowers, birds, and a wide variety of traditional Chinese products.



7 Days in Kunming

If you plan to visit Kunming any time soon, then we have got your back! Here we have a 7 days ready-made itinerary for your Kunming visit. So, fasten your seatbelts and get ready to experience the charm of Kunming.



Day 1: Arrival and City Exploration

- Upon arrival in Kunming , settle into your accommodation and take some time to relax.
- Start your exploration by visiting the Green Lake Park, where you can take a leisurely stroll and observe the locals engaging in various activities.
- Head to the Yuantong Temple, one of the oldest Buddhist temples in Kunming, and immerse yourself in its serene atmosphere.
- In the evening, explore the vibrant nightlife scene at Kundu Night Market, where you can indulge in delicious street food and shop for local souvenirs.

Day 2: Stone Forest Excursion

- Take a day trip to the Stone Forest, a natural wonder located about 1.5 hours outside of Kunming.
- Spend the day exploring the intricate limestone formations, walking through the maze of stone pillars, and enjoying the breathtaking scenery.
- Don't miss the opportunity to hike to the top of one of the peaks for a panoramic view of the entire area.
- Return to Kunming in the evening and unwind at a local restaurant, trying out more Yunnan specialties.

Day 3: Dianchi Lake and Western Hills

- Begin your day by visiting Dianchi Lake, the largest lake in Yunnan. Take a boat ride to enjoy the scenic beauty and visit the nearby Haigeng Park.
- Head to the Western Hills, also known as the "Sleeping Beauty Hills," and take a cable car ride to enjoy stunning views of Kunming and the surrounding countryside.
- Explore the Dragon Gate, a series of temples and pavilions carved into the mountainside, and learn about its fascinating legends.
- Return to the city and spend the evening at Nanping Pedestrian Street, where you can shop, dine, and experience the vibrant atmosphere.

Day 4: Cultural and Historical Exploration

- Start your day by visiting the Golden Temple, a beautiful Taoist temple with a rich history. Explore the temple grounds and enjoy the peaceful surroundings.
- Visit the Yunnan Nationalities Village, a theme park that showcases the diverse ethnic cultures of Yunnan through traditional architecture, costumes, and performances.
- Explore the Yunnan Provincial Museum to learn about the region's history, culture, and art through its extensive collection of artifacts.
- In the evening, catch a performance at the Yunnan Grand Theater, which showcases traditional music, dance, and theatrical performances.



Day 5: Day Trip to Jiuxiang Scenic Area

- Embark on a day trip to Jiuxiang Scenic Area, famous for its magnificent karst caves and underground river system.
- Explore the caves, marvel at the stunning stalactite and stalagmite formations, and take a boat ride along the underground river.
- Enjoy the picturesque landscape of Jiuxiang and indulge in local delicacies at the nearby villages.
- Return to Kunming and spend the evening at Wenhua Alley, a vibrant street lined with shops, restaurants, and cafes.







Day 6: Shilin Night Market and Shopping

- Begin your day by visiting the Shilin Wholesale Market, a bustling market where you can find a wide range of goods, including clothing, accessories, and souvenirs.
- Enjoy a delicious lunch at one of the local eateries in the market.
- In the afternoon, explore the Kunming Old Street, a pedestrian-only street lined with shops selling traditional handicrafts, antiques, and local snacks.
- In the evening, head back to the Shilin area and experience the lively atmosphere of the Shilin Night Market, where you can shop, eat, and enjoy live performances.

We hope this informal guide has sparked your interest in exploring Kunming. With its pleasant climate, rich culture, delicious cuisine, and stunning natural beauty, this city has something for everyone!

Day 7: Departure

- On your last day, take some time to explore Kunming's modern side by visiting the Kunming Central Business

Sky Bound Warriors

THE UNTOLD HEROES OF THE SKIES



Welcome aboard! In the fast-paced and ever-changing world of aviation, Flight Operations Control and Support (FOCS) is the beating heart of any commercial airlines. They ensure the smooth flow of operations and tackle any issues that may pop up during flights. Allow us to take you on an interesting tour and give a closer look at the crucial role of FOCS and explore the exciting aspects of their work.



The Epicenter of Operations

Imagine FOCS as the central hub where all the action happens. They are the go-to team for communication, coordination, and control of operational activities. From flight planning to guiding the crew and solving problems mid-air, FOCS takes care of it all. That's why they've earned the title of the 'nerve center of the airline'.

Sharing the Load for Safer Skies

FOCS understands the power of teamwork when it comes to ensuring safe flight operations. They collaborate closely with other departments like Flight Operations, Cabin Crew, Maintenance Control Centre (MCC), and Commercial. Together, they determine flight routes, fuel requirements, and crew planning. Flight(s) may not roll-on from the ground without close coordination from Hub Center. FOCS may considered like the green traffic lights to move forward.

Licensed and Trained for the Skies

The team responsible for plotting pilots' routes and fuel needs consists of licensed Flight Dispatchers. These professionals undergo intense training and exams, including internships and oral tests, to earn their licenses. They need to participate in regular mandatory and operational support training programs in time to time covering everything to meet the Safety as well as Regulatory and Compliance requirement(s). These Flight Dispatchers must stay sharp, updated and ready to make the right decisions for smooth operations of intended flight(s)

Overcoming Challenges, Acing Efficiency and Safety

The FOCS team faces their fair share of challenges. Picture this: unexpected diversions to airports without their own station or delays due to traffic or weather below landing minima or restriction(s) in airport operations. But guess what? The FOCS folks at Himalaya Airlines are always up for the challenge. They brainstorm and find creative solutions, ensuring efficiency and safety, no matter the hurdle.

Unforgettable Story from the Skies

Fasten your seatbelts, because we have a story to tell! One time, a flight got diverted to Penang due to worst weather conditions at

destination airport. It was a nail-biting moment as the FOCS heroes arranged fuel and ground logistic support. Upon numerous international calls to support team, Penang tower, the flight was back on track from Penang to Kuala Lumpur in record time. It might seem like a small feat now when we hear of it, but it'll always be a memorable milestone for the team.

Tech-Savvy Tools for Smooth Operations

In today's aviation landscape, technology is key to seamless flight operations. Himalaya Airlines harnesses the power of the GO-Global System ARMS, Jeppesen's FD Pro X , NavBlue's Fly Smart for Flight planning and data recording. Real-time communication during flights happens through the trusty SITATEX system, Ground to Air and Air to Ground Communication by SATCOM (Voice) / ACARS (Text), Flight Watch and Monitoring in ACARS Position Report and Flight Radar24 comes into play when needed. With these tools in their arsenal, FOCS ensures operations run like a well-lubricated machine.

Smooth Communication, Flawless Coordination

To keep things running smoothly, FOCS knows that communication and coordination are vital. They work hand in hand with Operating Crew, Ramp Side Ground Team, Air Traffic Control, and other stakeholders. Whether it's through emails, texts, group messages, or good old phone calls, FOCS maintains effective communication to make informed decisions and keep flights on track..



Safety First, Always

Safety is the name of the game in aviation, and Himalaya Airlines takes it seriously. The FOCS conduct regular training programs for both operational and non-operational staff to nurture a robust safety culture. Through drills and simulations, the team is always prepared to handle real-life scenarios with confidence.

Going the Extra Mile for Passengers

FOCS goes above and beyond to enhance the passenger experience with Himalaya Airlines. FOCS knows that happy passengers make for a successful journey. They work tirelessly to ensure flights depart on time and coordinate special services like food or wheelchair assistance. By collaborating with various departments and airport authorities, FOCS strives to meet and exceed passenger needs and expectations. In the event of diversions, they play a crucial role in swiftly recovering the aircraft and arranging any necessary assistance. Additionally, their licensed Flight Dispatchers make sure baggage and cargo are loaded efficiently, preventing any issues during the flight.

Embracing Future Trends

FOCS at Himalaya Airlines is always looking ahead and anticipating the future of aviation. As technology continues to advance, they understand the importance of staying at the forefront of emerging trends and developments. They foresee the use of high-tech flight planning systems and innovative communication tools. In preparation, they are ready to adopt new upgrades and systems to further enhance operational efficiency. By embracing the latest trends and technologies, FOCS ensures that Himalaya Airlines remains a leader in flight operations control.

Finding Fulfillment in FOCS

The team members have a common feeling while working in Flight Operations Control and Support at Himalaya Airlines which brings them immense satisfaction and a rewarding career path. They are entrusted with significant responsibility and decision-making authority. They have ample opportunities for personal and professional growth. Being able to assist in critical decision-making processes and ensuring the smooth operation of flights gives them a deep sense of accomplishment and fulfillment.



Thus, Flight Operations Control and Support serve as the heartbeat of Himalaya Airlines, playing a vital role in ensuring efficient and safe flight operations. With their expertise, effective communication, and advanced technology, FOCS overcomes challenges, complies with safety regulations, and enhances the overall passenger experience. As the aviation industry continues to evolve, Himalaya Airlines remains committed to staying ahead of the curve, embracing new trends and advancements in flight operations control. The dedication and passion of the FOCS team at Himalaya Airlines contribute to the success and reputation of the airline as a whole.





Savory Symphony

Penne Pasta with Mushroom Medley

-Shraddha Rajbhandari

Ingredients

1. Pasta (Penne)
2. Garlic (Chopped)
3. Flour (2-3 Spoon)
4. Milk (1 Cup)
5. Cheese
6. Rosemary
7. Herbs
8. Mushroom (Chopped)
9. Chili flakes
10. Boiled Chicken Cubes

Preparations

1. Boil the pasta for 15 - 20 minutes (make sure it's not overcooked). Also, boil the mushrooms in another pan.

2. Once the pasta is boiled, heat up a pan and toss in some butter. Melted butter calls for chopped garlic! Fry it up for a few minutes, then add rosemary and a kick of chili flakes.

3. Give it a stir-fry for a bit, then throw in about 2/3 of a spoonful of flour. Keep stirring for a while.



4. After a few minutes, pour in a cup of milk and stir it in gently until it gets cozy with the flour. Once they're mingling, let some cheese join the party.

5. Season with salt and pepper as you see fit, and finally, mix the pasta into the pan.

6. Sprinkle oregano and green herbs for that extra flavor boost. Enjoy!



MALAYSIA UNVEILED

DISCOVERING THE UNEXPECTED GEM

-Heena Shrestha

> Malaysia blew me away on my recent trip. It exceeded all my expectations and left me wanting more.

Hey folks! So, Malaysia might not have been the first place on my list for a honeymoon or vacation. I mean, the name itself didn't exactly scream "amazing destination" to me, and I bet most of you feel the same. But let me tell you, it's time to rethink that. Malaysia blew me away on my recent trip. It exceeded all my expectations and left me wanting more. Seriously, even a whole week wasn't enough to explore everything this awesome country has to offer. I'm already planning my next trip, and trust me, you should consider Malaysia for your next vacation too. Stick around as I share my unforgettable experience and inspire you to go on your own adventure.



Unplanned Adventure:

So, our decision to visit Malaysia was totally spur-of-the-moment. We didn't do much planning beforehand and even booked our hotel just an hour before touchdown at the local airport. Looking back, the lack of planning actually made our journey more exciting, creating memories that will stay with us forever. In this article, I'm gonna spill the beans on the must-visit places and give you some useful tips to make your trip smooth and enjoyable.



Finding Affordable Flights:

Since our plan was totally spontaneous, we had to hustle for our visas. Luckily, we managed to get them just five days before our desired departure date. And guess what? Himalaya Airlines came to our rescue with their affordable daily round-trip flights between Kathmandu and Kuala Lumpur.

Tip #1: If you want to save some cash and have convenient flight options, book your tickets early or consider flying with Himalaya Airlines.



Crafting Your Itinerary:

With only three days to plan our itinerary, we relied heavily on Google to find the best places to visit, cool accommodations, and weather conditions. That's when we stumbled upon Langkawi, a place known for its stunning beaches. And let me tell you, as landlocked country residents, the idea of finally experiencing a beach destination got us pumped!

Tip #2: Make sure you plan your itinerary before booking your tickets, and don't hesitate to seek advice from seasoned travelers who have been to Malaysia before.

We had a bit of trouble deciding where to go and what to do, but I'll share our recommendations in this article to make your planning process a piece of cake.

Our Stay in Kuala Lumpur:

When we arrived, getting through immigration at the airport was a breeze, and our exciting journey began. Himalaya Airlines totally exceeded our expectations, providing a comfortable and friendly travel experience. Once we landed at KUL International Airport, we bought a SIM card with unlimited data and calls, so we could stay connected throughout our stay.

Tip #3: Consider getting a SIM card with unlimited data and calls. It's super handy for using Uber and communicating with your hotel for check-ins and check-outs.

We had pre-booked a hotel in Bukit Bintang through booking.com, which is like the Malaysian Las Vegas, for two nights. We also used the same platform to secure our accommodation in Langkawi. From the airport, we simply booked an Uber to take us to our hotel. And let me tell you, dinner time was the best part of our stay in Kuala Lumpur. We'd head out to different food streets every night, and myan... they offered a variety of seafood options like octopus and crabs. Yum! So, definitely don't miss out on the street markets for some fantastic dinners.

Tip #4: For hassle-free hotel bookings, free cancellation options, and competitive rates, give booking.com a shot.



Exploring Kuala Lumpur:

To get around Kuala Lumpur efficiently, we made use of the local transportation. We did some research in advance using mobile apps like GOKL and Kuala Lumpur Metro Guide to figure out the bus and metro routes. For example, when we went to Genting Highlands, we took the monorail to KL Central Bus Station and then hopped on a bus to our destination. Using local transport turned out to be cheaper and not much different in terms of travel time compared to Uber. Plus, it gave us a more authentic experience of the city. By following this approach, we were able to visit some awesome places like KLCC Park, Petronas Twin Towers, KL Tower, KL Central Mall, Mini Zoo, and Batu Caves.

> *Tip #5: Save some bucks and dive into the local culture by opting for local transportation.*

Out of all the places we explored, Genting Highlands was the absolute highlight. It exceeded our expectations in every way. It felt like its own little city with its Indoor and Outdoor Theme Parks, especially Genting Sky World. We had a blast trying out all the thrilling rides at the outdoor park, like Ice Age, RIO, and Mountain Eagle, just to name a few. And as luck would have it, we even got to experience the "One Piece" Exhibition, a first-of-its-kind event in Southeast Asia, at the Indoor Theme Park. No doubt about it, our visit to Genting Highlands was the best part of our time in Malaysia.

Enchanting Langkawi:

For our flight from Subang Airport to Langkawi, we had the foresight to book our tickets in advance, which saved us some time since check-in for domestic flights is a breeze.

> *Tip #6: If you want to save time and money, consider booking domestic flights for your internal travel.*

Once we arrived in Langkawi, this charming duty-free island, we rented a scooter to freely explore all the amazing attractions. Public transportation isn't really a thing there, so having our own wheels was a game-changer. And hey, if you're in a pinch, you can always rely on Grab for a quick ride. We discovered some breathtaking spots like the Sky Bridge, Langkawi viewpoint, Ayer Hangat Village, and Aqua Park. And let me tell you, activities like sunset cruise dinners, island hopping, jet skiing, and day trips to the mangrove forest took our experience to a whole new level. Oh, and don't even get me started on the stunning beaches, like Pantai Cenang and Tanjung Rhu.

> *Tip #7: Plan your days, sort out your transportation, and immerse yourself in all the wonders of Langkawi.*



Discover the ultimate tax-free shopping destination! Stock up on chocolate and alcohol to save big. Indulge in Langkawi's duty-free paradise with Daim, Ritter Sport, Pepero, and discounted premium beverages. Treat your loved ones back home with these irresistible goodies!

Final Thoughts:

Malaysia caught us off guard in the best way possible. Its diverse landscapes, warm hospitality, and thrilling adventures made it an incredible vacation destination, right up there with Bali and the Maldives. Whether you're into immersing yourself in the local culture, exploring natural wonders, or indulging in mouthwatering culinary delights, Malaysia has it all. Trust me on this one, and seriously consider this hidden gem for your next vacation. Until next time, happy travels! Oh, and before I forget,

> *Tip #8: Get a travel card from your bank for convenient transactions during your Malaysia adventure.*



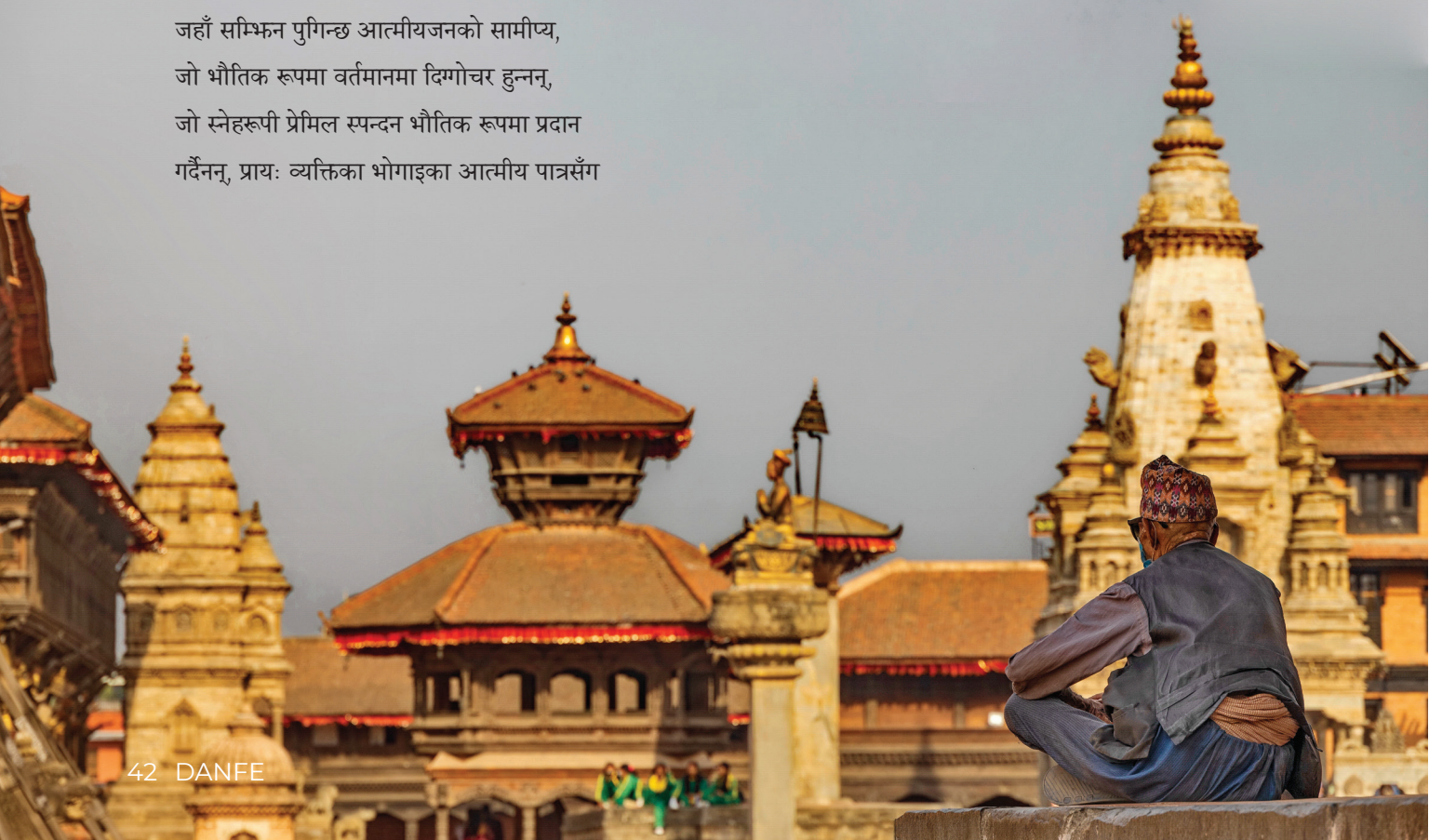


स्मृतिमा हजुरबा, गतिशील जीवन

-विमल गौतम

.....जीवन गतिशील छ, तथापि गतिशीलताको मापन र त्यसको परिणतिले जीवनलाई उपलब्धिको दृष्टिकोणले सार्थक बनाउँछ कि बनाउँदैन भन्ने हो। जीवनको सुरुवातदेखि भोगिँदै जाने यावत् कर्म, कर्ममा जोडिने व्यक्तिहरू कालान्तरमा स्मरणीय अनि प्रेरक पनि बन्छन्। चेतना अस्तित्वमा आएदेखि कर्मको नैरन्तर्यमा विविध रूपले कुनै न कुनै भोगाइ विशेष लाग्छन् भलै ती नितान्त वैयक्तिक नै किन नहोऊन्।जीवनमा छहारी खोज्दा नभेटिने क्षण कैयौं हुन्छन् तर चारैतिर शीतलताको आभास प्रदान गर्ने स्नेही वातावरण पनि स्वअनुकुलताबाहेक पनि उपलब्ध हुने रहेछ। कहिलेकाहीं कर्मरत स्थान, बाँचेको परिवेशले अनायाशै जीवनको निर्दोष, उमङमय, बेप्रवाह स्वप्नशील अतीतमा पुऱ्याइदिन्छ जहाँ सम्झिन पुगिन्छ आत्मीयजनको सामीप्य, जो भौतिक रूपमा वर्तमानमा दिग्गोचर हुन्नन्, जो स्नेहरूपी प्रेमिल स्पन्दन भौतिक रूपमा प्रदान गर्दैनन्, प्रायः व्यक्तिका भोगाइका आत्मीय पात्रसँग व्यतीत समयको कालखण्ड, जो केवल माधुर्ययुक्त स्मृतिको अवशेष बनिजान्छ।

.....मैले जानेका, भोगेका र केवल स्मृतिमा रहेका मेरा बाका बा अर्थात् मेरा हजुरबा जो यस भौतिक संसारमा नरहे पनि प्रत्येक पलमा आफ्नो उपस्थितिको आभास गराइरहेछन्। समयको कुनै कालखण्डमा तिनको अवसानको कल्पनासमेतले मनमा हुन्डरी ल्याउँथ्यो, सपनीमा ऍंठन हुन्थ्यो तर गतिशील जीवन, कतै नरोकिने, न भौतिकतालाई तिनले जित्न सके न त म नै त्यहीं बिन्दुमा टक्क अडिन सकैं, ढिलोचाँडो न हो, लौकिक संसारबाट बिदा लिनु नै पर्ने। जीवनमा बा अनि बाका पनि बाको एकसाथ पारिवारिक स्नेहसँगै व्यावहारिक,



सामाजिक सान्निध्य प्राप्त गर्नु सौभाग्य नै ठान्छु, त्यस अर्थमा कि पुस्तान्तरको कारण परिवार, समाज अनि समग्र जीवनको बुझाइमा ती कति अन्तर्सम्बन्धित र गहन भावयुक्त हुन्छन् ।

.....र, आज तिनै हजुरबाका पुत्र अर्थात् मेरा बा पनि कर्मको आफ्नै गोरेटोमा तल्लीन छन्, ती न केवल सन्ततिका खातिर जीवनको उत्तरार्धतिरको यात्रामा छन्, आफ्नो कर्म अनि जीवनको कटु यथार्थकै रूपमा रहने डाँडामाथिको जुन बन्ने ब्रह्मसत्यका लागि तयार हुँदै छन् जुन उनका लागि पनि कुनै पल केवल कल्पना हुन्थ्यो जुन ब्रह्मसत्य नै हो । ती दायित्वबोधले थिचिएकै छन् भलै जीवनले विश्राम मागेको छ यो अर्थमा कि अब पीर, चिन्ता, परिश्रमको भारी या त बिसाऊ वा हस्तान्तरण गर । तर, ती विशाल वृक्षका रूपमा ठिङ्ग उभिएकै छन्, हावाहुरी, असिनापानी , जाडो-गर्मी केही नभनी सन्ततिलाई निरन्तर ओत प्रदान गर्दै अटल, अडिग रूपमा अविरल मार्गनिर्देशन गरि नै रहेछन् जसले धरातल सदैव सबल तुल्याउने प्रयास जारी राखेकै छन् चाहे जतिसुकै व्यवधानहरू खडा किन नहोऊन् । बाल्यकालका बा नसम्झी बाको महत्ता बुझ्न सकिन्न । बा विश्वस्तताका प्रतीक मात्र थिएनन् अपितु बालसुलभ मागका जानकार, सामयिक परिपूर्तिकर्तासमेत थिए । हरेक रोमान्चक चाहनाको अन्तिम टुंगो बाको सदाशयताविना सम्भव थिएन ।

.....कुनै दिनविशेषमा सम्झिएर अभिव्यक्त गर्न मात्र आफ्ना लागि अहोरात्र खटिने र आफ्ना सुखलाई तिलान्जली दिने वृक्षरूपी संरक्षकप्रतिका दायित्व पूरा अवश्य हुँदैनन्, गतिशील जीवनको पात्रको रूपमा भोलि आफू पनि सोही मार्ग हुँदै यस भूलोकबाट अनेकौं सम्झनाका कुइनेटाहरू छाड्दै अनन्त यात्राको साक्षी त बन्नु छ नै, तसर्थ सन्ततिका कर्तव्य, दायित्वप्रति सचेत रहँदै पालनामा सदैव तत्पर हुनु उनीहरूप्रतिको सच्चा सम्मान हो ।

जय होस् ।



THE H9 TRAVEL DESTINATIONS

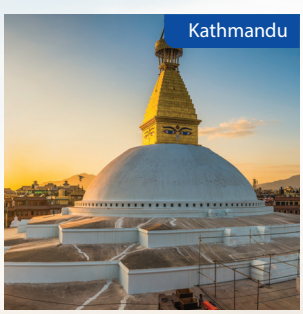










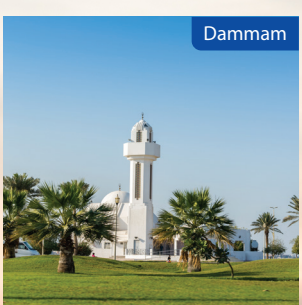












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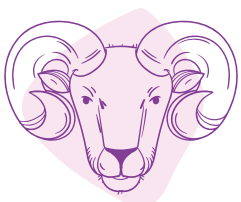
COSMIC LUCK UNVEILED

EMBARK ON A CELESTIAL ADVENTURE WITH YOUR ZODIAC SIGN AND UNLOCK FORTUNES WITH YOUR LUCKY NUMBERS!

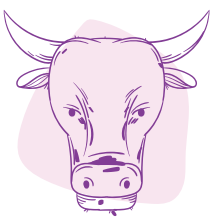
Hey there, cosmic wanderers! Buckle up and get ready for a cosmic journey as we dive into the intriguing world of horoscopes for July to September 2023. Whether you're an adventurous Aries, a practical Taurus, a versatile Gemini, or any other sign in the zodiac, we've got some lucky numbers that might just bring you a bit of extra cosmic luck. So, grab your stardust and let's explore what the universe has in store for you!



ARIES

March 21st – April 19th

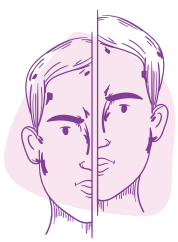
Dear Aries, get ready to charge ahead with confidence and vigor! This period will be filled with energy and exciting opportunities. Your lucky numbers for this season are 8, 15, 21, 32, 45, and 57. Keep an eye out for these digits, as they might just open doors to success and abundance.



TAURAS

April 20th – May 20th

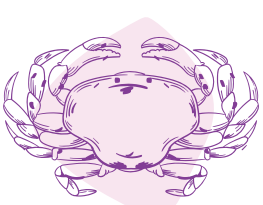
Hey, Taurus! Your practical and down-to-earth nature will be your guiding star during this period. Your lucky numbers are 4, 11, 23, 34, 42, and 59. Trust your instincts, stay grounded, and let these numbers guide you towards financial stability and personal growth.



GEMINI

May 21st – June 20th

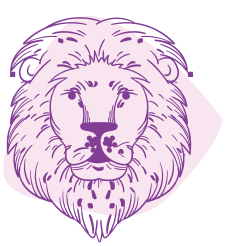
Oh, Gemini, your curious and adaptable nature will lead you on exciting paths this season! Your lucky numbers are 6, 13, 27, 38, 44, and 61. Embrace your duality, tap into your natural charm, and watch as these numbers bring you luck in relationships, communication, and new ventures.



CANCER

June 21st – July 22nd

Hello, sensitive souls of the zodiac! Your intuitive and nurturing energy will shine brightly during this period. Your lucky numbers are 2, 18, 24, 36, 48, and 55. Trust your instincts, listen to your heart, and let these numbers guide you towards emotional fulfillment and spiritual growth.



LEO

July 23rd – August 22nd

Roar, mighty Leo! Your charismatic and passionate nature will be on fire during this season. Your lucky numbers are 5, 12, 20, 33, 47, and 58. Embrace your natural leadership abilities, let your confidence soar, and watch as these numbers pave the way for success and recognition.



VIRGO

August 23rd – September 22nd

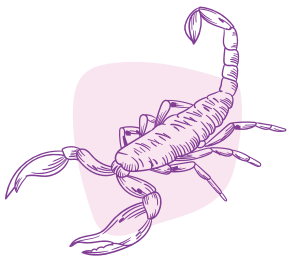
Hey, analytical Virgo! Your practicality and attention to detail will serve you well this season. Your lucky numbers are 3, 9, 17, 29, 37, and 46. Pay attention to the small things, trust your instincts, and let these numbers guide you towards harmony, organization, and personal well-being.



LIBRA

September 23rd – October 22nd

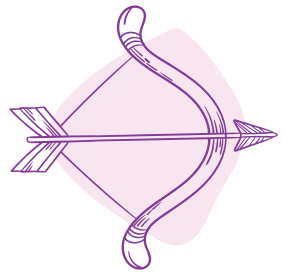
Hello, charming Libra! Your balanced and harmonious nature will be your guiding star this season. Your lucky numbers are 1, 7, 16, 28, 39, and 53. Embrace your diplomatic skills, seek harmony in all areas of life, and watch as these numbers bring you luck in relationships, creativity, and personal growth.



SCORPIO

October 23rd – November 21st

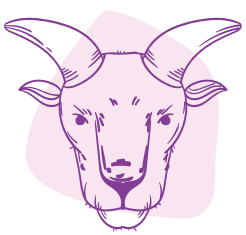
Hey there, mysterious Scorpio! Your intense and transformative energy will take center stage this season. Your lucky numbers are 10, 19, 25, 35, 49, and 60. Trust your intuition, embrace change, and let these numbers guide you towards personal empowerment, deep connections, and financial abundance.



SAGITTARIUS

November 22nd – December 21st

Adventurous Sagittarius, get ready for an exciting ride this season! Your lucky numbers are 9, 14, 22, 31, 46, and 55. Embrace your free-spirited nature, follow your instincts, and let these numbers guide you towards thrilling adventures, personal growth, and opportunities for expansion.



CAPRICORN

December 22nd – January 19th

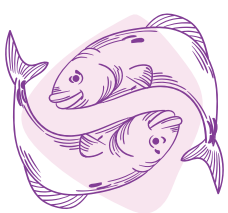
Hello, ambitious Capricorn! Your practicality and determination will be your driving force this season. Your lucky numbers are 3, 16, 27, 38, 42, and 50. Stay focused on your goals, work diligently, and let these numbers lead you towards professional success, stability, and financial prosperity.



AQUARIUS

January 20th – February 18th

Hey there, innovative Aquarius! Your unique and visionary mind will shine brightly this season. Your lucky numbers are 6, 19, 23, 36, 41, and 54. Embrace your individuality, think outside the box, and let these numbers guide you towards creative breakthroughs, meaningful connections, and personal fulfillment.



PISCES

February 19th – March 20th

Dreamy Pisces, get ready to tap into your intuitive and compassionate nature this season. Your lucky numbers are 2, 11, 21, 30, 48, and 57. Trust your instincts, listen to your heart, and let these numbers guide you towards emotional healing, spiritual growth, and opportunities for self-expression.

Remember, dear readers, that luck is merely a cosmic sprinkle on the grand tapestry of life. While these numbers may offer some guidance, the true power lies within you. Embrace the journey, stay open to the cosmic flow, and let your intuition be your ultimate guide. May the stars shine brightly upon you during these months of July to September 2023!



कस्तो होला राजाको दरबार ?

-बेद राज खनाल

पश्चिमी नेपालको पहाडमा अवस्थित जाजरकोट दरबारले वाइसे चौबिसे राज्यको इतिहास बोकेको छ। नेपाल एकिकरण ताका जाजरकोटको राज्यले पुऱ्याएको योगदान झल्काउने यो दरबारलाई देशको लुकेको रत्नको संज्ञा दिन सकिन्छ। ऐतिहासिक महत्व र वास्तुकलाको सौन्दर्यले भरिपूर्ण यो दरबार जाजरकोट पुग्ने पर्यटकहरुका लागी आकर्षणको केन्द्र बिन्दु हो भन्दा पनि फरक पर्दैन। जाजरकोट दरबारको वास्तुशिल्प शैलीले हिन्दू र बौद्ध धर्मको प्रभावको संयोजन झल्काउँछ, जसले दुवै धर्मलाई मल्ल वंशले गरेको सांस्कृतिक र धार्मिक प्रवर्द्धधन र संरक्षण गर्ने परम्पराको सम्झना दिलाउँछ।

जाजरकोट जिल्लाको सदरमुकाम भेरी नगरपालिकको टाकुरोमा यो दरबार अवस्थित रहेको छ। यस दरबारमा घाट घर, कोत घर, दुर्गा खोपी, भण्डार घर, भारदारी बैठक कक्ष, सिंह द्वार, मयुर द्वार, नरायण थान लगायत रहेको इतिहासमा उल्लेख छ। गोर्खा राज्यका राजा पृथ्वी नारायण शाहले नेपाल एकिकरण अभियानका सिलसिलामा कारीव २५० वर्ष अघि जाजरकोट राज्यलाई उपहार स्वरुप दिएको खड्ग अर्थत तरवार दशैंको फूलपातिको अवसर पारेर शक्तिको प्रतिकको रूपमा जाजरकोट दरवारमा भित्र्याइन्छ। रजौटा राज्यको अस्तित्वमा आएको जाजरकोटका प्रथम राजा जगती सिंह भएता पनि छैटौं राजा हरी शाहले गोर्खाका राजा पृथ्वी नारायण शाहसँग मित लगाएका थिए। उनले नै १८२५ मा यो दरवार भक्तपुरका चार्चित कालीगड नाक्चेको डिजाइन अनुसार चौरजहारी फाँटबाट स्थानीय जनतालाई इट्टा बोकाएर सुर्की र मासको दालको गारोद्वारा सात तल्लाको दरबार निर्माण गर्न लगाएका थिए तर १९९० सालामा गएको महाभूकम्प पछि उक्त दरवारको उचाई घटाएर चार तल्लामा मात्र सिमित राखिएको थियो।

सरकारले २०१७ सालमा राजा रजौटाहरु उन्मूलन गरे पछि जाजरकोट राज्यका अन्तिम राजा स्वयं प्रकाश शाहले दरवार छाडेर काठमाडौं तर्फ लागे पछि यो दरबारमा रहेका सबै महत्वपूर्ण एवम ऐतिहासिक वस्तु हराएको स्थानीय इतिहास र संस्कृतिका खोज कर्ताको भनाई रहेको छ।

जाजरकोट दरबार कला र ऐतिहासिक महत्व दुवै दृष्टिकोणले निकै आकर्षक मानिन्छ। दक्षिण तिर भेरी नदी र चौरझारी फाँटको सुन्दर दृश्य अनि उत्तर तिर कुशे पाटनको मनोरम दृश्य र पूर्व तिर सिस्ने हिमाल अनि होलु जिउला अनि वरीपरी हरिया

पाहाडहरुको बिचमा खलंगाको टाकुरोमा रहेको जाजरकोट दरवार प्राकृतिक सुन्दरताले मनमोहक छ।

जाजरकोटका अन्तिम राजा स्वयं प्रकाश शाहले उक्त दरबारलाई २०४२ सालमा तत्कालीन जिल्ला पञ्चायतलाई रु ६० हजारमा बिक्री गरेका थिए। हाल यस दरवारमा जिल्ला प्रशासन कार्यालय रहेको छ।

जाजरकोट दरबारको भ्रमण किन त ?

जाजरकोट दरबारले अफ-द-पिट-पाथ अनुभव खोज्ने साहसी यात्रुहरूका लागि नेपालको समृद्ध इतिहास र संस्कृतिमा डुब्ने अद्वितीय अवसर प्रदान गर्दछ। जाजरकोट दरबारको भ्रमण विगतको खोजी गर्ने अवसर मात्र होईन, नेपालको भावनासँग जोडिने र यस क्षेत्रलाई परिभाषित गर्ने प्रमाणिक परम्परा र सौन्दर्यमा डुब्ने अवसर पनि हो। जाजरकोट दरबारको शान्त परिवेश आधुनिक जीवनको भीडभाडबाट टाढा छ। वरपरका पहाडहरुको रोमान्चक दृश्यहरु, प्रार्थनाको घन्टिहरुको सुमधुर आवाजहरु र हावाको कोमल फुसफुसहरुले शान्तिपुर्ण र विस्मायकारी दुवै वातावरण सिर्जना गर्दछ।

आगन्तुकहरुले दरवार परिसरमा फुर्सदको साथ टहल्न सक्दछन। वास्तुकलाको विवरणहरुमा अच्चम्म मान्दै र स्वच्छ हावामा फैलिएको इतिहासको गहिरो भावनालाई अवशोषित गर्न सक्छन। जाजरकोट दरवार पुग्नका लागि यात्रुहरुले पश्चिम नेपालको सुरम्य पहाडहरु हुँदै रमणीय यात्रा गर्न सक्छन्। मार्गमा घुमाउरो सडकहरु र चुनौती पूर्ण भू-भाग समावेश हुन सक्छ तर यात्रावाट हुने अनुभव भने अविस्मरणीय हुनेछ। यस्ता यात्राले नै नेपालको ग्रामीण परिदृश्यको प्राकृतिक सौन्दर्यको न्यानो आतिथ्यता ग्रहण गर्ने अवसर प्रदान गर्दछ।

सरकारले हाल सार्वजनिक गरेको देशभरका एक सय पर्यटकिय गन्तब्यमा जाजरकोट दरबारलाई पनि सूचीकृत गरिएको छ। प्राकृतिक सौन्दर्य, धार्मिक, ऐतिहासिक तथा पुरातात्विक महत्व बोकेको यस द रवारले पर्यटकीय सम्भावना प्रचुर बोकेको छ।

अन्त्यमा, जाजरकोट दरबार नेपालको सांस्कृतिक परिदृश्यमा लुकेको रत्नको रूपमा उभिएको छ। यसको ऐतिहासिक विरासत, वास्तुकला चमत्कार, र धार्मिक महत्वले यसलाई ठूलो महत्वको गन्तव्य बनाउँछ। संरक्षण चुनौतीहरूको सामना गर्दा, यस सम्पदा क्षेत्रको संरक्षण र पुनर्स्थापनाका लागि जारी प्रयासहरूले यसको विरासत अझै चम्किरहेको सुनिश्चित गर्दछ। जाजरकोट दरबारको भ्रमणले कालान्तरमा पछाडि फर्कने, नेपालको समृद्ध इतिहाससँग जोडिने र मूलधारको पर्यटनले धेरै हदसम्म अछुतो रहेको ठाउँको मनमोहक सौन्दर्य पत्ता लगाउने अवसर समेत प्रदान गर्छ।



सामान्य ज्ञानका केहि कुराहरु

पहाडको अध्ययन गर्ने विज्ञानलाई के भनिन्छ ?

-ओरोलोजी

सय वर्षको अवधिलाई के भनिन्छ ?

-शताब्दी

नेपालको पहिलो राज मार्ग कुन हो ?

-त्रिभुवन राजपथ

नेपालमा चिया खेती कुन जिल्ला बाट सुरुवात भएको हो ?

-ईलाम

छिन्नमस्ताको मन्दिर कुन जिल्लामा पर्छ ?

-सप्तरी

जाखिरा ताल कुन जिल्लामा पर्छ ?

-कपिलवस्तु

भण्डारखाल पर्वलाई अर्को कुन नामले चिनिन्छ ?

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-भर्सेलिजको सन्धि

विश्वको पहिलो नगदे बाली केलाई मानिन्छ ?

-चिया

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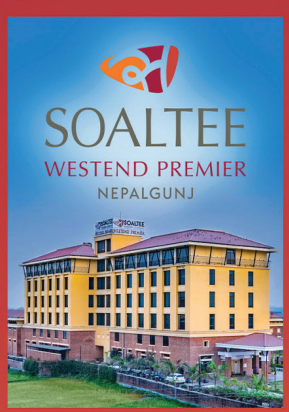

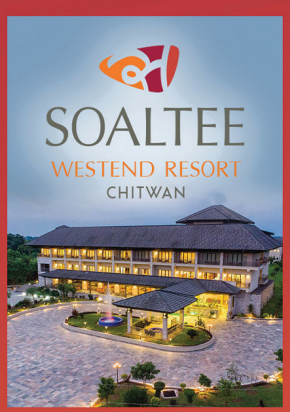

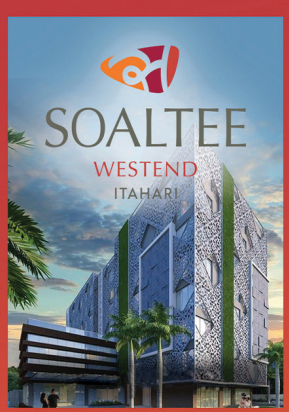

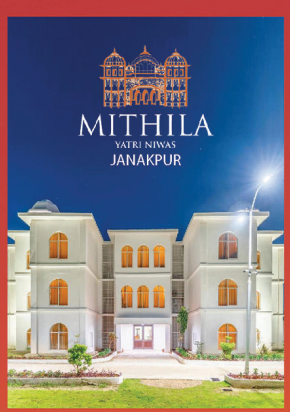

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